

Student's Name: \_\_\_\_\_

**Sermon Notes for February 16th, 2025**

**“Growing in Christ”**

**“Practicing What We Preach”**

Sermon Text: **1 Timothy 4:6-16 (p. 1264)**; Old Testament Text: **Psalm 105:8-15 (p. 640)**; New Gospel Text: **Mark 4:26-29 (p. 1251)**.

Read **1 Timothy 4:6-16 (below)** as you listen to the sermon, then answer the questions below.

If you put these things before the brothers, you will be a good servant of Christ Jesus, being trained in the words of the faith and of the good doctrine that you have followed. <sup>7</sup>Have nothing to do with irreverent, silly myths. Rather train yourself for godliness; <sup>8</sup>for while bodily training is of some value, godliness is of value in every way, as it holds promise for the present life and also for the life to come. <sup>9</sup>The saying is trustworthy and deserving of full acceptance. <sup>10</sup>For to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe. <sup>11</sup>Command and teach these things. <sup>12</sup>Let no one despise you for your youth, but set the believers an example in speech, in conduct, in love, in faith, in purity. <sup>13</sup>Until I come, devote yourself to the public reading of Scripture, to exhortation, to teaching. <sup>14</sup>Do not neglect the gift you have, which was given you by prophecy when the council of elders laid their hands on you. <sup>15</sup>Practice these things, immerse yourself in them, so that all may see your progress. <sup>16</sup>Keep a close watch on yourself and on the teaching. Persist in this, for by so doing you will save both yourself and your hearers.

1. Read **1 Timothy 4:6 (above)**. To what is Paul referring when he instructs Timothy to *put these things before the brothers*?

Why would Paul consider Timothy *a good servant of Christ Jesus if he did this*?

2. Read **1 Timothy 4:7 (above)**. What was one of *the irreverent silly myths being proclaimed* at that time?

How does *someone train themselves for godliness*?

3. Read **1 Timothy 4:8-9 (above)**. Why is *being trained in godliness* superior to *bodily training*?

4. Read **1 Timothy 4:10-11 (above)**. To whom is Paul referring when he says, *to this end we toil and strive, because we have our hope set on the living God, who is the Savior of all people, especially of those who believe*?

What things are Timothy instructed to *command and teach*?

5. Read **1 Timothy 4:12 (above)**. Now read **1 Timothy 4:12** from the (NIV): *Don't let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity*. What do you think Paul was trying to tell Timothy when he told him, *Let no one despise you*?

If Timothy sets an example for the people *in speech, in conduct, in love, in faith and in purity*, should any believer be disappointed in his leadership?

How might you, though you are young, also set examples for people in those five areas?

6. Read **1 Timothy 4:13 (above)**. Why would Paul want Timothy to *devote himself to the public reading of scripture*?

What does the word *exhortation* mean?

How could *teaching* tie these first two things together?

7. Read **1 Timothy 4:14 (above)**. What was the gift Timothy received through prophecy and the laying on of hands?

8. Read **1 Timothy 4:15 (above)**. What does Paul mean when he instructs Timothy to *immerse himself in these things*?

9. Read **1 Timothy 4:16 (above)**. Why did Paul encourage Timothy to *keep a close watch on himself and on his teaching*?

What did Paul promise Timothy that this would do for *himself and his hearers*?

10. What will you remember most from this message?